

Baystate Recovery Services Distance learning CFI - Intervention Training Program

The online CFI - Intervention Training program, is a (6) six-day course broken up into two-hour modules, to help adjust for distance learning. It's an interactive, domain-based workshop, for Therapists, Social Workers, Psychiatrists, Psychologists, Interventionists, LMFT, Family Coaches, Case Managers, Counselors, who are in pursuit of their CIP credential through the PCB.

CFI- training will offer CIP specific, domain-focused, CE education credits

(...from the PCB - CIP Application process)

20 hours - Intervention theory & practice
12 hours - Family systems
12 hours - Motivational interviewing

12 hours - Specific to addiction
6 hours - Crisis intervention
6 hours - Behavioral health ethics

CFI-Training (6-day workshop) offers 24 CE's

(Family-Focused Intervention Model - Baystate Recovery Services)

12 hours - Intervention theory & practice
2 hours - Family Systems
4 hours - Motivational interviewing

3 hours - Specific to addiction
1 hours - Crisis Intervention
2 hours - Behavioral health ethics

Supervision Domains - 100 Hours required for CIP

(All students will receive the option to add **25 group supervision hours - 5 hours per domain**) to their workshop experience. Group supervision hours will be offered as part of an optional training package, but are not required. Students can pursue supervision independently, or through their own agency or organization.

- Intervention Competence
- Pre-Intervention
- Intervention
- Post-Intervention
- Professional & Ethical Responsibility

CFI-intervention Workshop Daily Schedule (24 hours)

Day One - Module one (2 Hours) - Pages 11-12

- The basics / Getting you ready to help
- Learning about each other

Break - Time to process and review information

Day One - Module two (2-Hours) - Pages 13-19

- Understanding intervention
- Intro to the CFI-Model

End of day one

Complete and submit review questionnaire

Day Two - Module three (2-Hours) - PowerPoint Discussion

- Assessments, Contracts, & Outlines
- Family assessment
- Creating a treatment plan

Break - Time to process and review information

Day Two - Module four (2-Hours) - Pages 23-33

- Initial call & Consultation
- Contracts & Fee's
- Family letters

End of day two

Complete and submit review questionnaire

CFI-intervention Workshop Daily Schedule (24 hours)

Day Three - Module five (2-Hours) - Pages 37-39

- Letter review and feedback
- Open discussion A

Break - Time to process and review information

Day Three - Module six (2-Hours) - Pages 40-47

- Introduction to boundaries
- Boundary exercise and review
- Logistics and checklists

End of day three

Complete and submit review questionnaire

Day Four - Module seven (2-Hours) - Pages 51-52

- Case study discussion

Break - Time to process and review information

Day Four - Module eight (2-Hours) - PowerPoint Discussion

- Creating placement options
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End of day four

Complete and submit review questionnaire

CFI-intervention Workshop Daily Schedule (24 hours)

Day Five - Module nine (2-Hours) - Pages 51-59

- Review of case studies
- Mock Interventions

Break - Time to process and review information

Day Five - Module ten (2-Hours) - Pages 55-59

- Mock interventions (continued)

End of day five

Complete and submit review questionnaire

Day Six - Module eleven (2-Hours) - Pages 63-64

- Integrity first / an ethical review
- Family support beyond intervention

Break - Time to process and review information

Day Six - Module twelve (2-Hours) - Pages 65-75 / Discussion

- Alternatives to intervention
- Family Contracts
- Special circumstances
- Q & A
- Networking & Discussion

End of workshop

Complete and submit review questionnaire